



BULL'S EYE THE ISSF IPOD ON DOPING

LOOKING BACK AND LOOKING AHEAD

AS ANOTHER CALENDAR YEAR OF SHOOTING COMPETITIONS GETS UNDER WAY, THE ISSF TAKES THE OPPORTUNITY TO REMIND ALL ATHLETES, COACHES, SUPPORT PERSONNEL AND NATIONAL FEDERATIONS THAT MAINTAINING A ZERO-TOLERANCE ATTITUDE TOWARDS DOPING IN SHOOTING IS OF UTMOST IMPORTANCE.

EACH OF YOU IS AN INTRINSIC PART OF THE CONTINUED SUCCESS OF ISSF'S ANTI-DOPING PROGRAM.

A LOOK BACK TO 2015: THE ANNUAL ISSF DOPING PROGRAM REPORT

As we have done in the past, the first edition of the IPOD takes a look back on the last year and provides all readers with a summary of ISSF's anti-doping activities.

The IPOD offers the following report on the ISSF's 2015 Anti-Doping Program in the form of a Q & A.

How many IN-competition doping controls did ISSF undertake in 2015?

At the ISSF World Championships, ISSF World Cups, ISSF World Cup Finals, European Championships: **415**

At all other Continental Events (including Junior Events, the Euro Cup Final, Asian Championships etc.): **84**

Therefore, the total number of in-competition doping controls undertaken under the umbrella of the ISSF in 2015 is: **499**

How many OUT-of-competition doping controls did ISSF undertake in 2015?

The total number of out-of-competition doping controls undertaken by ISSF in 2015 is: **22**

How many anti-doping rule violations occurred and were decided at the international level in 2015?

As of December 31, 2015, the ISSF can proudly confirm that there were no asserted anti-doping rule violation cases that occurred in the course of international level testing.

How many anti-doping rule violations occurred and were decided at the national level from doping controls collected in 2015?

As of December 31, 2015 there 9 anti-doping rule violations asserted at the national level.

The prohibited substances involved in these national-level cases are as follows:

- 7** case involved beta blockers
- 2** case involved stimulants

Two of these cases have been resolved by national-level disciplinary panels in accordance with national anti-doping rules regulations that comply with the World Anti-Doping Code (Code). Seven of these cases are still outstanding. In accordance with its obligations under the Code, the ISSF will continue to monitor the disciplinary measures imposed at the national level to ensure that all decisions rendered in these national-level cases comply with the ISSF Anti-Doping Rules. This is pointedly so with regards to all the doping violations involving beta blockers.

How many missed tests or failure to submit whereabouts information cases were reported in 2015?

There were no whereabouts failures or missed tests asserted against ISSF Registered Testing Pool athletes in 2015. The ISSF commends its RTP athletes for their timely and accurate whereabouts filings.

How many athletes in the ISSF Registered Testing Pool (RTP) at the end of the year?

The ISSF Registered Testing Pool (RTP) is defined as follows:

On January 1st of each year, the International Level Registered Testing Pool shall consist of the top 5 Athletes of the official ISSF World Ranking List on that date, which is published on the ISSF website.

The International Level Registered Testing Pool will be reset each quarter.

Once an Athlete moves into the top 5 ranked Athletes of the official ISSF World Ranking List during the current calendar year, he/she shall automatically be included in the International Level Registered Testing Pool for the next quarter and shall be so informed by ISSF.

In the past, by the end of the calendar year, the RTP used to be very big and no longer satisfied its true purposes. For example in 2014, at the end of the year there were 66 Women and 94 Men in the RTP, for a total of 160. In 2015, the ISSF modified its RTP by resetting it on a quarterly basis rather than automatically including athletes in the RTP for the whole calendar year as it did in the past. As a result, there were 64 athletes in the RTP at the end of the 2015.

This change in the RTP definition was due to four main reasons.

- 1** First, it was to certify the ISSF could adequately receive and oversee whereabouts information from a better defined and selective number of its elite athletes.
- 2** Second, it was to address and reduce the administrative burden placed on the growing number of RTP athletes.
- 3** Third, it was to ensure that the ISSF RTP would not get too big to administer or to fulfill its functions of deterrence, transparency and accountability.
- 4** Fourth, it was in order for the ISSF to better fulfill its compliance obligations with regards to testing under the International Standard for Testing and Investigations (ISTI).

The ISSF is confident its RTP now better satisfies the objectives of the ISSF and the World Anti-Doping Program.

LOOKING AHEAD TO 2016...

The ISSF is steadfast in implementing its anti-doping program and promoting a drug-free sport. Accordingly, the ISSF shall continue to tackle all anti-doping issues with renewed determination and conviction in 2016.

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THE ISSF TEST DISTRIBUTION PLAN

The ISSF Anti-Doping Committee has successfully devised its 2016 Test Distribution Plan (TDP) with the objectives of planning and implementing the distribution of doping controls both in-competition and out-of-competition, and of succeeding in effectively detecting, deterring and preventing doping practices in the shooting sport throughout the 2016 competition calendar.

Prior to elaborating its 2016 TDP, a mandatory physiological risk assessment of doping in shooting was once again expertly and knowledgeably undertaken by the ISSF Anti-Doping and Medical Committees. Consequently, the TDP was elaborated based on the ISSF's Anti-Doping Committee unique understanding, knowledge and appreciation of the shooting sport and its athletes.

The ISSF's 2016 TDP complies with the Code as well as the ISTI and respects the ISSF Anti-Doping Rules. The TDP shall be implemented by all ISSF Event Organizers and ISSF Technical Delegates throughout the 2016 calendar year. It shall also be evaluated, modified and updated periodically, as required by the ISSF.

DOPING CONTROLS

As stated, the TDP governs which method of testing shall be utilized in the course of each Championship, or out-of-competition. The ISSF conducts a combination of random doping controls, targeted doping controls and requisite doping controls. Various factors and variables lead to the athlete selection process. These include but are not limited to athlete results and rankings, the ISSF's Testing Intelligence Officer's intelligence gathering and monitoring, and totally random selections.

The carrying-out of doping controls shall be carefully supervised by the ISSF throughout 2016 in order to determine if both the amount of doping controls being conducted in-competition and out-of-competition and the doping control selection methods applied adequately fulfill the objectives of the TDP.

The intention is to conduct roughly the same amount of both in-competition and out-of-competition doping controls in 2016 as in 2015. Yet, because there are very few Olympic Quota places left to be awarded in 2016 in anticipation of the Rio Summer Olympic Games, the testing numbers are expected to drop slightly.

As usual, you can expect the ISSF to report on the outcome of its 2016 testing program at the beginning of 2017.

EDUCATION:

• ONGOING INITIATIVES

Every year, throughout the year, the ISSF urges all its athletes, all its member federations and everyone involved in the shooting sport, be it athlete support personnel, trainers, doctors, parents, etc. to get educated or better informed regarding anti-doping.

To this end, the ISSF has established many educational vehicles through which it disseminates anti-doping information:

- The Information Portal On Doping (IPOD) section of the ISSF's Bi-Monthly publication,

ISSF NEWS, serves both as an information medium and as a reminder to all individuals involved in our sport to respect various responsibilities and obligations with regards to anti-doping.

- The ISSF website provides a wealth of information on doping, rules and regulations, answers to common questions and various links to all relevant WADA documents and anti-doping materials.
- The Anti-Doping Outreach Booth continues to be a success and positive educational tool for all our athletes. Last year, for the first time, in addition to just having the Booth at the ISSF World Cup in Munich, we also had an Outreach Booth at the Junior World Cup in Suhl. The ISSF shall continue to promote educational initiatives through this informative and entertaining medium in 2016.
- The WADA website has valuable materials for athletes, coaches, trainers etc. All of these can be downloaded for free from the WADA website (www.wada-ama.org).



The Wada Prohibited List 2016

In addition to this list, the ISSF is in the process of expanding its educational activities. The following provides a snapshot of some new elements expected in the 2016 ISSF Anti-Doping Education Program:

• NEW NATIONAL INITIATIVES

In December of 2015, the ISSF sent out a letter to each of its member federations in order to enlist their help with anti-doping education. Each member federation was urged to nominate and identify an Education Information Officer, who would become the contact person with regards to receiving and disseminating materials on anti-doping education within their country.

Simultaneously, a letter was sent out to all the National Anti-Doping Organizations and Regional Anti-Doping Organizations (NADOs and RADOs), asking them to become proac-

tive in reaching out to their national shooting federations in order to disseminate anti-doping education to our national and regional level athletes, specially the juniors, via the elected Education Information Officer.

If your member federation has not identified its Education Information Officer, we ask that you do so at your earliest convenience and inform Doris Fischl (doris@issf-sports.org).

If your member federation has identified its Education Information Officer and that individual has not yet been contacted by your NADO or RADO, please also inform Doris at doris@issf-sports.org and she will ensure that you and your NADO are properly introduced. The goal is to foster and open the communication lines between member federations and their NADO - in their country's primary language - so that they may work together in the common goal of educating national level shooting athletes.

This project is for the benefit and health of our athletes. Therefore we thank you all for your cooperation and collaboration in this initiative and will keep you apprised as to its degree of success as the year progresses.

• UPCOMING INITIATIVES

At the year-end ISSF Committee meetings in Munich in November 2015, the ISSF Medical and Anti-Doping Committees met with the ISSF Athletes Committee in order to brainstorm on new ideas to reach out to a wider range of shooting athletes regarding anti-doping education.

It was agreed that juniors and national-level athletes do not benefit from the same amount of anti-doping education as elite athletes, and that they are the demographic groups that should be increasingly targeted.

Together, the Athletes, Medical, and Anti-Doping Committees came up with various new ideas, projects and recommendations on how to improve the ISSF's education program by further engaging athletes, by using our elite athletes as role models and anti-doping ambassadors, by better utilizing social media platforms, and by making the anti-doping education more accessible and fun to athletes of all levels and ages.

We will keep you apprised on the roll-out of these initiatives as the year progresses. Needless to say, the ISSF is delighted to have the help of its Athletes Committee to bolster its fight against doping in shooting sport.

ANTI-DOPING RULES

Anti-doping rules are consistently changing. It is important for everyone to stay abreast of the most recent developments and updated regulations. More importantly, it is imperative for athletes of all levels and from all corners of the world to become better informed on the dangers of doping and on the importance of respecting their obligations under national and international anti-doping rules.

As ISSF has noticed in the past, and again last year, some national anti-doping rule violations could have been avoided had athletes been better informed with regards to

the importance of obtaining Therapeutic Use Exemptions, or of seeking alternative treatments to prohibited substances, or of abstaining from using performance enhancing beta blockers.

The lesson learned from this, once again, is that we must all work harder to educate our athletes and their support staff.

Education, and thereby a better knowledge of the applicable rules and obligations, is the cornerstone to successfully deterring all our athletes at all levels of competition from using performance enhancing substance.

This responsibility does not lie solely on the shoulders of the ISSF. We are all bound by the same rules. It continues to be up to each of us to implement, both in theory and in practice, all the elements of the ISSF Anti-Doping Program as well as to comply with our respective obligations under the ISSF Anti-Doping Rules and the Code.

We must all be proactive. Every one involved in shooting should and must get acquainted with the applicable Anti-Doping Rules and more importantly, understand their respective responsibilities and obligations under these same Rules. As we have repeated time and time again.... Ignorance of the rules is never a defence. Therefore, the ISSF invites you to carefully read the 2015 ISSF Anti-Doping Rules and to acknowledge all your respective obligations under these Rules. They can be downloaded from the ISSF website at http://www.issf-sports.org/theissf/rules/english_rulebook.ashx

The ISSF is always willing to answer any questions you may have about the meaning or impact of any provision of its Anti-Doping Rules and welcomes any questions any IPOD reader may have in this regard. Please remember that it is always better to ask questions and be well informed, than to risk the potentially devastating consequences of being ill-informed.

FINAL WORDS:

If the ISSF is proud of the work it continues to accomplish in carrying out its anti-doping program, it is equally proud to acknowledge the work that you have all accomplished in respecting your obligations with regards to anti-doping.

- To ISSF national federations who have respected their testing, reporting and results management obligations and who have already nominated their Education Information Officer;
- To all medical staff for being mindful of the Prohibited List, offering Code-compliant consultations and properly filing out complete and timely TUE applications in English;
- To all athlete support personnel who continue to deter athletes to resort to the use of performance enhance substances by emphasizing the importance of proper training and nutrition and the adoption of ethical sporting values;

- To ISSF Event Organizers and Technical Delegates for all their hard work and commitment in successfully carrying out the ISSF anti-doping program;
- To ISSF RTP athletes who continue to submit timely and accurate whereabouts information; and,
- To every athlete, at any level, who has made a personal decision to not use prohibited substances or methods to enhance his or her performance and has discouraged others to do so as well:

THE ISSF THANKS YOU you for taking your responsibilities with regard to anti-doping seriously and for protecting the integrity of shooting.

THE ISSF THANKS YOU you for promoting the health and well-being of all our athletes.

THE ISSF THANKS YOU for respecting and honoring the intrinsic values of sport in general.

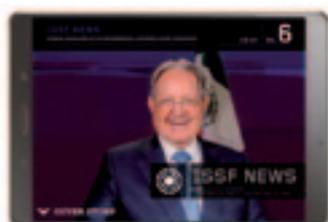
Let us all pledge to continue to be steadfast in our concerted efforts of fighting doping in shooting in 2016...

Janie Soublière BSS, LL.M, LLB.
ISSF Counsel and Consultant Anti-Doping in Sport

We print the ISSF NEWS magazine since 1961, and things changed since then.

ISSF NEWS AS

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